

## BIBLIOGRAPHY

The following is a list of books in our library that address different aspects of divorce. This bibliography is intended to aid you in seeking more information on the topic of divorce and related issues. These books are a representative cross-section of books on the topic of divorce. There are many more, however, available at your local bookstore that you may find interesting. It is our intent that you use our library as a survey so you can decide on purchasing only books you deem helpful.

We hope that you enjoy any and all of these selections and welcome your feedback and/or suggestions for other books you may come across that are not listed. Enjoy!!

Ahrons, C. (1994) The Good Divorce. Harper Perennial: New York.

*Summary: This book challenges society's traditional view that divorce is one of life's greatest failures. It speaks of "binuclear families" and how to make the best of your changing family.*

Anderson, K. & MacSkimming, R. (1995) On Your Own Again: The Down-to-Earth Guide to Getting Through a Divorce or Separation and Getting on With Your Life. McClelland & Stewart, Ltd.: Toronto.

*Summary: Compassionate, practical, step-by-step advice for readers seeking to survive a shattered relationship and build a new life.*

Bartelmie, Stanley L. (2011) Divorce Mediation Manual. Trafford Publishing

*Summary: This manual will positively assist and inform couples engaged in the process of divorce mediation, helping them navigate the process. This book helps couples make the right choices when engaged in divorce mediation.*

Cameron, Nancy. (2004) Collaborative Practice: Deepening the Dialogue. The Continuing Legal Education Society of British Columbia.

*Summary: Written for professionals, but also great insights for clients considering the collaborative process. An essential resource for professionals who are practicing in or who are making the change to collaborative family practice in a thoughtful, humorous, and concise manner.*

Duncan, Judge Roderic. A Judge's Guide to Divorce: Uncommon Advice from the Bench. Berkeley, CA: NOLO, 2007. Print.

*Summary: Advice offered from the unique perspective of a family court judge, allows readers to understand how the process works and what to avoid when separating from their partner.*

Gold, L. (1995) Between Love and Hate. A Guide to Civilized Divorce. Plenum Press: New York.

*Summary: Written by a divorce mediator/family therapist, this book provides insights and techniques to achieve a civilized and humane divorce. Emphasis on communication and negotiation skills. A good resource for anyone contemplating mediation.*

Heatherington, E. Mavis and Kelly, John (2002) For Better or For Worse: Divorce Reconsidered  
New York: W.W. Norton & Company Ltd. (\$26.95)

*Summary: Long term study results that follow families through the life process of divorce. Details differing impacts based upon age and gender of children. Less pessimistic conclusions than other studies. Valuable insights and constructive advice.*

Lowrance, Michele. (2010) The Good Karma Divorce. HarperCollins: New York. (\$25.99)

*Summary:* This book, written by a practicing domestic-relations judge, teaches principles that will help people move through the divorce process regret-free. In her book, Judge Lowrance teaches readers to: Create a manifesto that serves as a moral compass, harness negative emotions, and prevent collateral damage.

Mercer, D. J.D. (2010) Making Divorce Work. Penguin Group: New York. (\$15.00)

*Summary:* This book provides tools and inspiration for parents to renegotiate their relationship with their spouse, put an end to unproductive arguments and behaviors, determine a fair win-win settlement, and move on from their marriage happy, healthy, and whole.

Sember, Brette. The Divorce Organizer & Planner. 2nd ed. New York: McGraw-Hill, 2013. Print.

*Summary:* Workbook designed to guide couples through divorce. Tips for gathering information on finances, documentation for homes and cars, how to discuss maintenance with your lawyer, and much more.

Sember, Brette. No-Fight Divorce: Spend Less Money, Save Time, and Avoid Conflict Using Mediation. New York: McGraw-Hill, 2006. Print.

*Summary:* Explains mediation and why it is a less time consuming, more civilized approach to divorce, especially for someone unfamiliar with the process.

Stoner, Katherine E. (2009) Divorce without Court: A Guide to Mediation & Collaborative Divorce. California: Nolo Books

*Summary:* Using the approach of collaborative divorce, this book guides readers through steps necessary to negotiate a divorce settlement, and provides examples of what can be expected in either mediation or collaboration. It also provides resources, including contact information for state officials, as well as national and regional organizations.

Talia, S. (1996) How to Avoid the Divorce from Hell\*. Nexus Publishing Company: California.

*Summary:* Clever and remarkably accurate insights into common divorce pitfalls, written by an experienced family lawyer, chapters such as "Recipe for the Divorce from Hell" are really on point and provide real insight into the process for non-lawyers. Great sense of humor.

Tesler, Pauline H., M.A., J.D., and Thompson, Peggy, Ph.D. (2006) Collaborative Divorce "The Revolutionary New Way to Restructure Your Family, Resolve Legal Issues and Move on with Your Life". Regan Books and Imprint of HarperCollins Publishers .

*Summary:* This book describes the respectful out-of-court settlement process of collaborative practice, which provides a healthier alternative for couples and families to resolve legal issues without the financial and emotional cost of a court battle. An invaluable guide for people contemplating divorce as well as professionals.

Trafford, A. (1992) Crazy Time: Surviving Divorce and Building a New Life. Harper Collins: New York.

*Summary:* This book is for adults and discusses the common phases of the break-up of a marriage (i.e. dead-lock, confrontation, deep shock) through to recovery. Case examples are utilized throughout.

Ventura, J. & Reed, M. (1998) Divorce for Dummies. IDG Books Worldwide, Inc.: Foster City. (\$19.99)

*Summary:* Advice on how to assess whether you are emotionally and financially ready for divorce, understand your basic legal rights and responsibilities, hire the right attorney, and talk to your kids about what is happening.

Webb, Stuart G., Founder, Collaborative Law, and Ousky, Ronald D. The Collaborative Way to Divorce. Hudson Street Press (2006)

*Summary: A discussion of the collaborative divorce process for prospective divorcing couples. A practical and readable walk through the process and advice on maximizing the potential for positive outcomes.*

Woodhouse, Violet, and Dale Fetherling. Divorce & Money: How to Make the Best Financial Decisions during Divorce. Berkeley, CA: Nolo, 2009. Print

*Summary: The author reduces the complexities of the financial aspect of divorce down into easy to follow steps for couples beginning the divorce process.*